





A key element to all BOCES programs is teaching students what they will need to know to succeed in life as an adult, including lessons intended to ensure that they get to become adults. Fire safety is one such lesson. Thanks to a dedicated and fun-loving crew from the Vestal Fire Department, young people are better prepared for life beyond the school yard.















It takes a special kind of person to willingly leap into a pool of water that's just a few degrees shy of turning solid, so it's a truly remarkable event when dozens of people line up to do so. Then again, remarkable is only one adjective that describes those who support the annual Special Olympics Polar Plunge at Chenango Valley State Park. Dedicated, compassionate and committed work as well.











Do you remember what you were doing in fifth grade? Probably not. That's because it's not likely you sat at the controls of an excavator, or triggered the flash of a welding rod, or operated a 3D printer, or got to experience any number of the other hands-on activities that awaited hundreds of the fifth-graders who attended the recent visitation day at BOCES. Exploring the future begins early for those who wish to succeed.









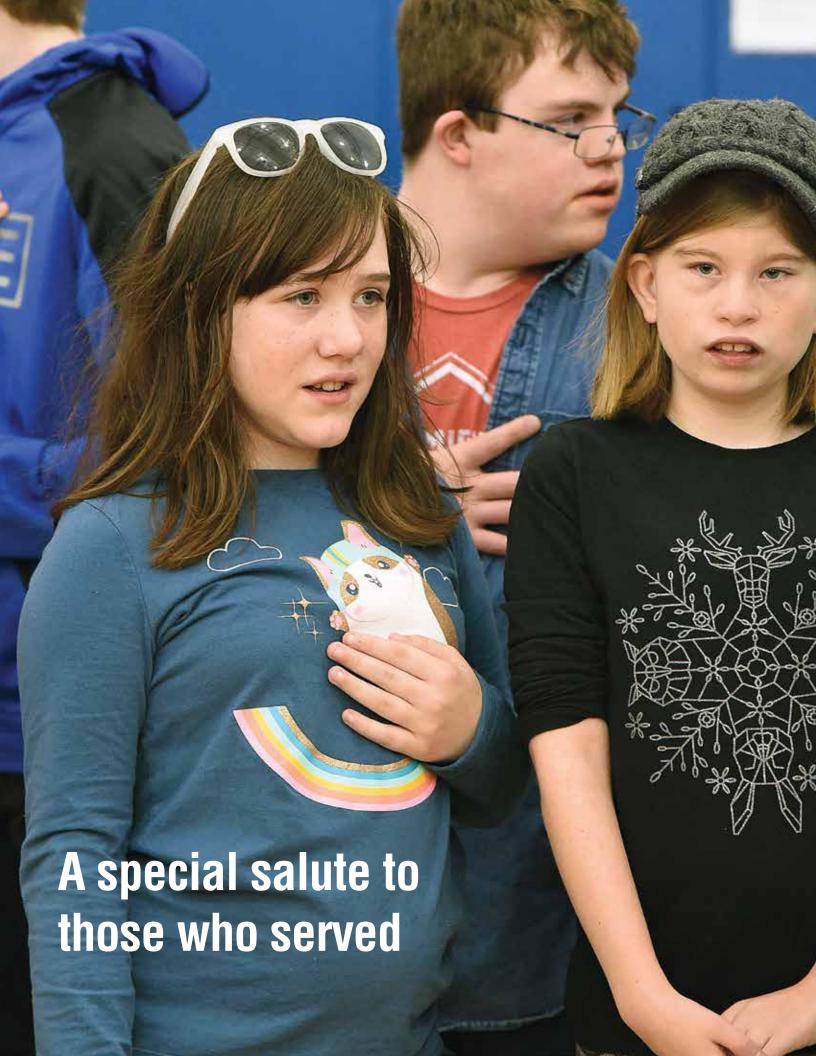
If your goal is opening your own restaurant or taking over as head chef at an existing establishment, there's no better way to start than by creating a unique recipe and having it placed on the menu of poplar restaurants in your hometown. Such was the endgame at BOCES first-ever "Restaurant Wars," which paired teams of culinary arts students with local restaurant owners in a competition to prepare, plate and serve a culinary creation worthy of dishing out to discerning customers.





Setting aside images of flaming barrels of oil, building a contraption that can launch heavy objects into the wild yonder can be a joyful endeavor, one that offers an exciting entry into the relatively civilized field of engineering. Whether you call it a catapult or trebuchet, building an apparatus of this sort requires understanding and application of the physics involving tension, torsion and gravity...it's also just plain fun, as some students in our PALS program recently learned during a competition to see whose pumpkin would fly the farthest.







The Veterans Day assembly at BOCES provided students in our PALS and Oak Tree programs a chance to meet some real-life heroes from among their own families. While the details of their time in the military varied widely, a common theme ran through all service to country, service to community, service to one another. A lesson from which we all can benefit.





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BOCES Computer-aided Design student Mellissa Locke of Afton received a surprise visit recently from State Sen. Fred Akshar, who presented her with a letter of support for her nomination to the "U.S. Presidential Scholars in Career and Technical Education" program. Congratulations, Mellissa!



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